

**RELEASE AUTHORIZATION FOR EMERGENCY TREATMENT**

I understand that I am required to maintain and carry accident medical insurance coverage for the child listed on this application and I verify that the coverage information attached herewith is accurate and true.

In the case of an emergency and if I cannot be reached, I authorize the staff of the Loras College Department of Intercollegiate Athletics to obtain whatever medical treatment he/she deems necessary for the welfare of my child listed on this application. I further understand that I will be financially responsible for all charges and fees incurred in the rendering of said emergency treatment, regardless of whether or not my medical insurance would cover such charges and fees.

I am the parent/guardian of the minor \_\_\_\_\_

\_\_\_\_\_ and I am signing this Release on behalf of said minor.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT**

**WAIVER:** In consideration of being permitted to participate in any way in Loras College Team Wrestling Camp, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue The Regents of Loras College, its officers, employees, and agents from liability from any and all claims including the negligence of The Regents of Loras College, its officers, employees and agents, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in Loras College Team Wrestling Camp.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor

\_\_\_\_\_  
Date

**ASSUMPTION OF RISKS:** Participation in the Loras College Team Wrestling Camp carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the Loras College Team Wrestling Camp. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

**INDEMNIFICATION AND HOLD HARMLESS:** I also agree to INDEMNIFY AND HOLD The Regents of Loras College HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in Loras College Team Wrestling Camp and to reimburse them for any such expenses incurred.

**SEVERABILITY:** The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Iowa and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**About Loras College**



Historically rich, academically challenging, socially stimulating, faith-centered—that's Loras College. Founded in 1839, Loras College is Iowa's oldest college and the scenic 60-acre campus is nestled high atop the majestic bluffs of the Mississippi River in Dubuque, Iowa.

Loras offers over 40 majors and 13 preprofessional programs. The student-to-faculty ratio is 13 to 1 for small class sizes with caring, energetic professors who foster learning. Loras recently added a January-Term – three weeks of extensive study oftentimes held off campus or abroad. Loras has many internships and study abroad opportunities also. All students receive multimedia Lenovo Thinkpad® (laptop) computers, wired/wireless network access and technology support.

Loras has over 70 organizations that cover a variety of interests including academic, athletic, recreational, honorary, leadership, media/publications, performing arts, spiritual, student government and special interests; an intramural program with twice-weekly activities, 21 varsity sports; 11 service trips per year, spiritual opportunities for all faiths and many other activities and chances to be an active member of the Loras community.

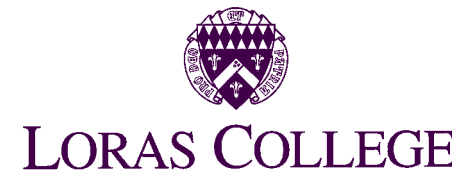
At Loras College, students get more out of their college experience than just honors and awards. With help from faculty, staff, coaches and the Loras Academic Success Center, students graduate to satisfying and rewarding careers.

To learn more about Loras College and what it offers, check us out at [LORAS.EDU](http://LORAS.EDU).

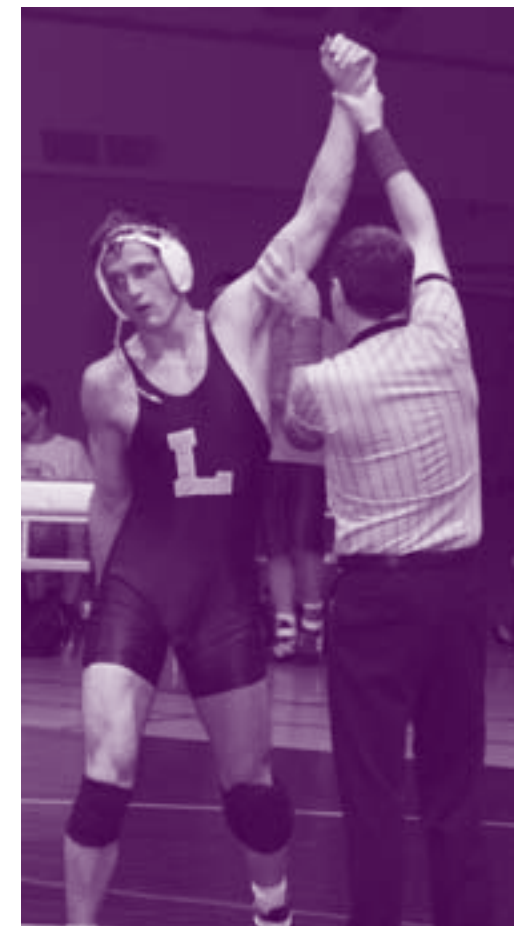


**LORAS COLLEGE™**

**BE MORE. BE LORAS.**



**BE MORE. BE LORAS.**



**2012 Loras College  
Team/Individual Wrestling Camp  
June 10-13, 2012**

**LORAS COLLEGE™**  
1450 Alta Vista Street | Dubuque, IA 52001



**2012 Loras College  
Team/Individual Wrestling Camp  
June 10-13, 2012**

**LORAS.EDU**

## The Camp

Loras College Wrestling has developed a camp that is designed for competitive high school wrestlers and coaches who wish to further their knowledge and skills. The camp offers wrestlers the opportunity to wrestle in multiple dual meets and individual matches. It will also include several hours of technique instruction by guest clinicians, Loras College Wrestling staff and current team members. In addition to the wrestling provided at the camp, teams will compete in a variety of recreational sporting activities to help promote team unity. Teams are encouraged to attend and compete together. In addition, individuals and those in small groups will be grouped together to form a team.

## Cost

Resident Camper: \$275 (includes room and board)  
Day Camper: \$225 (includes lunch and dinner)

**Deposit:** A \$100 deposit must be submitted with the completed reservation/release form by **May 25, 2012**, to hold your camp reservation. The remaining balance is due no later than **June 1, 2012**.

**Cancellation Policy:** Cancellations must be made in written form and received no later than Friday, **June 1, 2012**. Camp costs, less your deposit, will be refunded. If cancellation occurs within one week of the camp, your entire fee will be forfeited.

**Coaches:** Head coaches attend for free when bringing a team of eight or more wrestlers.

**Special Guests:** To be announced.

**Check In:** Sunday, June 10, 2012; 12:00 noon-2:30 p.m.

**Check Out:** Wednesday, June 13, 2011; 1:00 p.m.

**Weigh-Ins:** Weigh-ins will be held Sunday during the first session. We will group individuals accordingly for the individual tournament.

**What to Bring:** Please bring wrestling shoes, running shoes, workout gear, kneepads, swimsuits, pillow, blanket/sleeping bag, toiletries, towels and soap.

**RESERVATION/RELEASE FORM AND \$100 DEPOSIT  
DUE BY MAY 25, 2012.**

**REMAINING BALANCE DUE BY JUNE 1, 2012.**

## Camp Daily Schedule

### Sunday, June 10

12:00 noon-2:30 p.m. Resident Campers Check In at Rohlman Hall  
Day Campers Registration at Athletic and Wellness Center (AWC)  
Camp Meeting in Graber Sports Center – Camp Rules, Expectations  
TECHNIQUE SESSION  
Dinner  
2:00-2:30 p.m. Live Wrestling Workout  
Break  
2:30-3:00 p.m. Team Activity  
3:00-5:00 p.m. PIZZA PARTY  
5:00-6:00 p.m. Day Campers Dismissed from AWC  
6:00-7:30 p.m. Free Time in Dorm  
7:30-8:00 p.m. LIGHTS OUT  
8:00-9:00 p.m.  
9:00-9:30 p.m.  
9:30 p.m.  
9:30-11:00 p.m.  
11:00 p.m.

### Monday, June 11

7:00-8:00 a.m. Breakfast  
8:15 a.m. Day Campers Check In at AWC  
8:30-9:15 a.m. Team Warm-up  
9:30-11:30 a.m. TECHNIQUE SESSION  
Lunch  
12:00 noon-1:00 p.m. Team Activity  
1:45-2:15 p.m. TEAM DUALS  
2:15-4:00 p.m. Open Swim  
4:15-4:45 p.m. Dinner  
5:00-6:00 p.m. TEAM DUALS  
6:45-9:00 p.m. ICE CREAM SUNDAES  
9:00-9:30 p.m. Day Campers Dismissed from AWC  
9:30 p.m. Free Time in Dorm  
9:30-11:00 p.m. LIGHTS OUT  
11:00 p.m.

### Tuesday, June 12

7:00-8:00 a.m. Breakfast  
8:15 a.m. Day Campers Check In at AWC  
8:30-9:15 a.m. Team Warm up  
9:30-11:30 a.m. TECHNIQUE SESSION  
Lunch  
12:00 noon-1:00 p.m. Team Activity  
1:45-2:15 p.m. TEAM DUALS  
2:15-4:00 p.m. Open Swim  
4:15-4:45 p.m. Dinner  
5:00-6:00 p.m. INDIVIDUAL TOURNAMENT  
6:45 p.m. Day Campers dismissed from AWC  
9:30 p.m. Free Time in Dorm  
9:30-11:00 p.m. LIGHTS OUT  
11:00 p.m.

### Wednesday, June 13

7:00-8:00 a.m. Breakfast  
8:00-9:00 a.m. Resident Campers Check Out of Dorm–Take Your Things to AWC  
Day Campers Check In at AWC  
8:30 a.m. Team Warm Up  
9:00-9:30 a.m. TECHNIQUE SESSION  
9:30-11:30 a.m. Camp Wrap Up  
11:30 a.m.-12:00 noon

## Camp Staff

### **RANDY STEWARD**

**Camp Director**  
563-588-7925  
randy.steward@loras.edu



Cornell College 1982  
Cornell Wrestling 1978-1982  
Head Wrestling Coach at Loras College 19 years  
3X Iowa Conference Coach of the Year  
29 All-Americans  
2 NCAA Champs  
15 Academic All-Americans

### **RYAN BIRT**

**Associate Camp Director**  
563-588-7057  
ryan.birt@loras.edu



Assistant Coach  
Upper Iowa University 1999  
Upper Iowa Wrestling 1996-1999  
NCAA Champion 1999  
NCAA Runner-up 1997  
2x Iowa Conference Champ

### **RICK HEALEY** Camp Assistant

Assistant Wrestling Coach  
Loras College 2001  
Loras Wrestling 1996-2001  
2X All-American, 106-48



### **ERIK HANSON** Camp Assistant

Assistant Wrestling Coach  
Loras College 2012  
Loras Wrestling 2007-2011  
All-American, 110-37



\* Current Loras Wrestlers will serve as Camp Counselors.

**To obtain additional forms contact Randy Steward, at 563-599-8734 (cell) or 563-588-7925 (work) or e-mail Randy.Steward@loras.edu.**

## 2012 Loras College Team/Individual Wrestling Camp

### Reservation and Release Form

Check one:  Resident Camper  Commuter Camper

*Please Print*

Name \_\_\_\_\_

High School \_\_\_\_\_

Age \_\_\_\_\_ Grade (2011-12 school year) \_\_\_\_\_

Home Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Father's Name \_\_\_\_\_

Father's Business Phone \_\_\_\_\_

Mother's Name \_\_\_\_\_

Mother's Business Phone \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Shirt Size (circle one)    S            M            L            XL

Insurance Company \_\_\_\_\_

Group/Policy # \_\_\_\_\_

Roommate Preference \_\_\_\_\_

Please fill out both sides of this reservation form (including required signatures) and return with your \$100 deposit (checks payable to LORAS COLLEGE WRESTLING) by **May 25, 2012**, to: LORAS COLLEGE WRESTLING-TEAM CAMP, Loras College Mail #223, 1450 Alta Vista St., Dubuque, IA 52001. (**Note: Your reservation is not complete until this form is filled out completely, signed and returned by May 25, 2011.**)

I understand that any camper who does not abide by the rules and regulations promulgated by the Camp or College is subject to dismissal without reimbursement or recourse.

\_\_\_\_\_  
Parent/Guardian Signature

\* If there are any specific medical situations that should be known or activities that should be restricted, contact the Camp Director or attach information with this form.