

WAIVER AND RELEASE OF ALL CLAIMS
PLEASE READ AND SIGN

2011-2012 LORAS COLLEGE SOFTBALL CAMPS

Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for Loras College **REQUIRES** the execution of the following Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully and be aware that in registering your minor child/ward for participation in the 2011-2012 LORAS COLLEGE SOFTBALL CAMPS on Feb. 5, or Feb. 12, 2012, you will be waiving and releasing all claims for injuries you and/or your child/ward might sustain arising out of this program. I understand that Loras College does not carry insurance for injuries sustained by participants in this event. Therefore, participants in this event should look to their own health insurance policy for any injuries sustained in connection with or arising out of this event. The absence of health insurance coverage does not make Loras College responsible for payment of medical expenses. As a participant in the 2011-2012 LORAS COLLEGE SOFTBALL CAMPS on Feb. 5, or Feb. 12, 2012, I agree to assume the full risk of any injuries, including death, damages, or loss regardless of severity, which my child/ward or I may sustain as a result of participating in any and all activities connected with or associated with, or arising out of this event. I agree to waive and relinquish all claims my child/ward or I may have as a result of participating in the 2011-2012 LORAS COLLEGE SOFTBALL CAMPS, against Loras College and any of its directors, officers, trustees, agents, servants and employees. I do hereby fully release and discharge Loras College and its directors, officers, trustees, agents, servants and employees from any and all claims from injuries, including death, damage or loss which my child/ward or I may have or which may accrue to me on account of my participation. I further agree to indemnify and hold harmless and defend Loras College and any of its directors, trustees, agents, servants and employees from any and all claims from injuries, including death, damages and losses sustained by me or my child/ward or arising out of, connected with any way associated with the activities of this event.

PERMISSION TO SECURE TREATMENT

In the event of an emergency I authorize the Loras College to secure treatment from any licensed hospital, physician, and/or medical personnel and treatment deemed necessary for my or my child's/ward's immediate care and I agree that I will be responsible for payment of any and all medical services required. I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment, and all information supplied by me is accurate and current to the best of my knowledge. *(Please sign in signature area.)*

Participant's Name (PRINT) _____

Date _____

Parent / Guardian Signature _____

Relationship to Participant _____

Emergency Contact Name _____ Emergency Contact Phone # _____



2011-2012 Softball Camps
Feb. 5 & 12, 2012



LORAS COLLEGE™
Softball



2011-2012
Softball Camps

February 5, 2012 (Grades 4-7)
February 12, 2012 (Grades 8-12)

2011-2012 Loras College Softball Camps

SUNDAY, FEB. 5, 2012 — Grades 4-7

PITCHING CAMP

10:45-11:00 a.m. Registration – Cost: \$20
11:00 a.m.-12:30 p.m. Pitching Camp

- * Pitchers must supply their own catcher and all catchers must complete a waiver!
- * **Pitchers will be learning:** Basic pitching mechanics; Grips for fastball and change-up; Pitching drills including documentation to take home.
- * If you are attending the pitching camp and skills camp, please bring your own lunch to eat between sessions.

SKILLS CAMP

12:30-1:00 p.m. Registration – Cost: \$45
1:00-4:00 p.m. Skills Camp

- * **Campers will be learning:** Defensive fundamentals including throwing and receiving mechanics, groundballs and fly balls; Offensive fundamentals including hitting, bunting and baserunning.

SUNDAY, FEB. 12, 2012 — Grades 8-12

PITCHING CAMP

10:45-11:00 a.m. Registration – Cost: \$20
11:00 a.m.-12:30 p.m. Pitching Camp

- * Pitchers must supply their own catcher and all catchers must complete a waiver!
- * **Pitchers will be learning:** Pitching mechanics; Grips for fastball, change-up, rise, drop, curve; Drills for the five pitches including documentation to take home.
- * If you are attending the pitching camp and skills camp, please bring your own lunch to eat between sessions.

SKILLS CAMP

12:30-1:00 p.m. Registration – Cost: \$45
1:00-4:00 p.m. Skills Camp

- * **Campers will be learning:** Defensive fundamentals including throwing and receiving mechanics, groundballs and fly balls; Offensive fundamentals including hitting, bunting and baserunning.

About the Camps

These camps are about having fun and making the most of opportunities to improve your softball skills and to make new friends! These camps are designed to help each athlete develop at her own level. During the camps we will focus on the fundamental techniques of the game of softball such as: hitting, fielding and base running. Whether it is learning new hitting techniques, improving throwing form or gaining new knowledge for the game of softball, these camps will help you reach your individual softball goals.

Location

Grabber Sports Center, Loras College, 1815 Cox St.

What to Bring

Inside shoes and glove. May bring your own bat, if preferred.

Camp Director

Ashley Rogers begins her third season as head softball coach at Loras College. Graduating from Wartburg College, majoring in Business Administration (Marketing), Ashley competed for the Knights softball and volleyball programs. Ashley received All-Conference and All-Region honors at her first base position. She was the IIAC nominee for the 2008 NCAA Woman of the Year Award and was inducted into the Iowa Girls High School Softball Hall of Fame in 2011. Ashley also serves as the volleyball assistant coach at Loras.

Assistant Camp Director

Assistant Coach **Rachael Rogers** is in her third season with Loras College. She is currently head varsity coach at Western Dubuque High School. She has also coached at Wahlert Catholic High School and Wartburg College. Rachael graduated from the University of Northern Iowa in 2006 where she majored in Social Science Education and played for the Panther softball team. While at UNI, Rachael started every game at short stop and received All-Conference honors and the Panther Impact Award. Rachael is also a member of the Wahlert Catholic High School Athletic Hall of Fame and Iowa Girls High School Softball Hall of Fame.

Questions?

For more information on the 2011-2012 Loras College Softball Camps, please contact Coach Ashley Rogers at ashley.rogers@loras.edu or 563-588-7159.

Player Registration Form

2011-2012 SOFTBALL CAMPS
February 5, and February 12, 2012

PLEASE PRINT LEGIBLY

Player Name

Address

City

State

Zip Code

Grade

Parent E-mail

Home Phone

School

Insurance Company

Group or Policy #

T-shirt size (*circle one*): YS YM YL S M L XL

Session Attending:

- February 5, 2012 – Pitching Camp: 4-7 – \$20
- February 5, 2012 – Skills Camp: 4-7 – \$45
- February 12, 2012 – Pitching Camp: 8-12 – \$20
- February 12, 2012 – Skills Camp 8-12 – \$45

Total amount due \$ _____

**Fill out this form on both sides and return by Jan. 30,
(with check payable to Loras College Softball) to:**

**Ashley Rogers, Camp Director
LORAS COLLEGE SOFTBALL**

Mail #151, 1450 Alta Vista Street, Dubuque, IA 52001

If there are any specific medical situations that should be known or activities that should be restricted, contact the camp by attaching the information with this application or by calling the Camp Director.