

Loras College Track & Field
All-Time Top 10
Indoor List

Men 55m Dash

1	6.38	F	---	Harris, Barry	1/21/1989	Loras
2	6.40	F	---	Coy, Kevin	1/21/1995	Loras
3	6.44	F	---	Fisher, Charles	1/21/1995	Loras
4	6.56	P	---	Seymour, Ryan	1/16/2010	Sol Butler Classic
5	6.58	F	---	Ayambile, Jaba	2/6/1999	Hilltop Open
6	6.60	F	---	Sieck, Steve	2/6/1999	Hilltop Open
7	6.64	P	---	Jones, Victor	2/24/2006	IIAC Championships
8	6.65	P	---	Melloy, Erik	2/28/2003	IIAC Championships
9	6.66	P	---	Gerard, Tyler	2/25/2005	IIAC Championships
10	6.69	F	---	Oxendine, Torrence	1/29/2000	Knox Invitational

Men 60m Dash

1	7.19	F	---	Gerard, Tyler	2/20/2004	Iowa Open
2	7.20	F	---	Seymour, Ryan	1/16/2009	Wartburg Relays
3	7.24	F	---	Sieck, Steve	2/18/2000	UNI Dome Open
4	7.25	F	---	Verdina, Anthony	1/19/2002	Panther Open
5	7.27	P	---	Jones, Victor	2/18/2005	UNI Dome Open
6	7.29	P	---	Dukes, Michael	2/20/2004	Iowa Open
7	7.35	P	---	McGrew, Alex	2/3/2007	Titan Open
8	7.38	F	---	Horton, Leon	2/21/2003	UNI Open
9	7.39	P	---	Gee, Nathaniel	2/3/2007	Titan Open
10	7.40	F	---	Rosas, Matt	1/27/2006	Iowa State Open

Men 200m Dash

1	22.50	F	---	Coy, Kevin	2/28/1998	Luther
2	22.86	F	---	Melloy, Erik	2/28/2003	IIAC Championships
3	22.97	F	---	Ayambile, Jaba	2/26/1999	IIAC Invitational
4	23.03	F	---	Schroeder, Derek	2/18/2005	UNI Dome Open
5	23.05	P	---	Sieck, Steve	2/14/1999	UNI-Dome Open
6	23.12	F	---	Davidson, Britt	12/7/2001	ISU Holiday Classic
7	23.27	F	---	Jones, Matt	2/15/2002	Warhawk Classic
8	23.29	F	---	Gee, Nathaniel	2/4/2006	Univ of Chicago
9	23.33	F	---	Kaiser, Geoff	2/3/2007	Titan Open
10	23.41	F	---	Seymour, Ryan	2/26/2010	IIAC Championships

Men 400m Dash

1	48.54	F	---	Ganshirt, Scott	1/18/1986	Loras
2	49.54	F	---	Keane, Tim	1/19/1991	Loras
3	50.14	F	---	Staudt, Scott	1/25/1992	Loras
4	50.17	F	---	Wilson, Josh	3/4/2000	ISU Last Chance
5	50.19	F	---	Allen, Tedd	2/2/2002	Pioneer Open
6	50.24	F	---	Ondande, John	1/21/1989	Loras
7	50.27	F	---	Schroeder, Derek	2/19/2005	UW Platteville Open
8	50.57	F	---	Brinkman, Kyle	2/25/2005	IIAC Championships
9	50.59	F	---	Davidson, Britt	2/23/2001	IIAC Invitational
10	50.61	F	---	Dayton, Jason	2/10/2007	Dennis Young Classic

Men 600m Dash

1	1:20.12	F	---	Allen, Tedd	2/22/2002	IIAC Invitational
2	1:21.78	F	---	Naughton, Adam	1/21/1995	Loras
2	1:21.78	F	---	Harvey, Chad	2/20/1999	UW-Platteville Invite
4	1:22.27	F	---	Croker, James	2/27/2004	IIAC Championships
5	1:22.59	F	---	Orris, Ray	2/23/2007	IIAC Championships
6	1:23.41	F	---	Dayton, Jason	1/27/2007	Monmouth Invite
7	1:23.46	F	---	Adams, Mike	1/1/1996	Loras
8	1:23.56	F	---	Jones, Matt	2/27/2004	IIAC Championships
9	1:23.75	F	---	Kaiser, Geoff	2/24/2006	IIAC Championships
10	1:23.93	F	---	Scarbrough, Cory	2/24/2006	IIAC Championships

Men 800m Run

1	1:52.38	F	---	Ondande, John	1/21/1989	Loras
2	1:53.44	F	---	Orris, Ray	3/6/2009	UW Whitewater Last Chance
3	1:54.37	F	---	Harvey, Chad	2/26/1999	Cyclone Last Chance
4	1:54.62	F	---	Allen, Tedd	1/19/2002	Panther Open
5	1:54.80	F	---	Berning, Tim	3/7/1998	Iowa State Last Chance
6	1:55.20	F	---	Scarbrough, Cory	3/4/2006	ISU Last Chance
7	1:55.60	F	---	Naughton, Adam	1/21/1995	Loras
8	1:55.99	F	---	Grant, Ben	2/9/2008	Eastbay Pointer Invitational
9	1:56.11	F	---	Santamaria, Christof	1/23/1988	Loras
10	1:56.97	F	---	Sulkin, Mark	2/14/2009	Nike Impact Sports UWP Invite

Men 1000m Run

Loras College Track & Field
All-Time Top 10
Indoor List

1	2:32.59	F	---	Schaefer, Chris	2/13/1999	Pioneer Challenge	
2	2:33.09	F	---	Allen, Tedd	2/22/2002	IIAC Invitational	
3	2:33.16	F	---	Scarbrough, Cory	2/11/2006	Dennis Young Classic	
4	2:33.18	F	---	Connelly, Terry	1/21/1995	Loras	
5	2:33.24	F	---	Reilly, Authur	1/23/1993	Loras	
6	2:33.93	F	---	Boeh, Joe	1/18/1986	Loras	
7	2:34.0h	2:34.24	F	---	Heppner, Dave	1/21/1989	Loras
8	2:34.30	F	---	Annis, Brian	1/21/1989	Loras	
9	2:34.70	F	---	Harvey, Chad	2/6/1999	Hilltop Open	
10	2:35.86	F	---	Berning, Tim	2/8/1997	Luther	
Men 1500m Run							
1	3:54.99	F	---	Schaefer, Chris	3/12/1999	NCAA Championships	
2	3:55.69	F	---	O'Donnell, Chris	1/23/1988	Loras	
3	3:58.2h	3:58.44	F	---	Reilly, Authur	1/23/1993	Loras
4	3:58.8h	3:59.04	F	---	Boeh, Joe	1/18/1986	Loras
5	3:59.23	F	---	Annis, Brian	1/21/1989	Loras	
6	4:00.86	F	---	Murphy, Marcus	2/28/2003	IIAC Championships	
7	4:03.03	F	---	Renicker, Kevin	2/22/2002	IIAC Invitational	
8	4:03.08	F	---	Winder, Dan	2/27/2004	IIAC Championships	
9	4:04.94	F	---	Leitzen, Chad	2/15/1997	Oshkosh	
10	4:05.16	F	---	Kelly, David	2/27/2004	IIAC Championships	
Men 3000m Run							
1	8:31.20	F	---	Winder, Dan	2/27/2004	IIAC Championships	
2	8:35.92	F	---	Murphy, Marcus	1/31/2003	UW Platteville Invitational	
3	8:37.9h	8:38.14	F	---	Grant, Ben	2/23/2007	IIAC Championships
4	8:42.88	F	---	Flogel, Jason	2/27/2004	IIAC Championships	
5	8:46.73	F	---	Fry, John	1/31/2009	University of Dubuque Invitational	
6	8:48.0h	8:48.24	F	---	Heppner, Dave	1/19/1991	Loras
7	8:51.16	F	---	Kauder, Andy	1/15/1994	Loras	
8	8:52.27	F	---	Meyer, Tyler	2/21/2009	Spartan Open	
9	8:52.77	F	---	Kauder, Phil	1/21/1984	Loras	
10	8:54.27	F	---	Tighe, Rich	1/26/1985	Loras	
Men 5000m Run							
1	14:33.94	F	---	Winder, Dan	2/13/2004	Warhawk Classic	
2	14:35.20	F	---	Murphy, Marcus	2/8/2003	UW Oshkosh Invitational	
3	14:51.0h	14:51.24	F	---	Heppner, Dave	1/25/1992	Loras
4	14:53.72	F	---	Flogel, Jason	2/13/2004	Warhawk Classic	
5	14:57.04	F	---	Tierney, Pat	1/23/1988	Loras	
6	14:58.20	F	---	O'Donnell, Chris	1/23/1988	Loras	
7	15:22.41	F	---	Grant, Ben	2/25/2005	IIAC Championships	
8	15:23.24	F	---	Kauder, Andy	1/15/1994	Loras	
9	15:25.50	F	---	Hermiston, Greg	1/15/1994	Loras	
10	15:27.56	F	---	Fry, John	2/27/2009	IIAC Championships	
Men 1 Mile Run							
1	4:12.10	F	---	Schaefer, Chris	3/7/1998	Iowa State Last Chance	
2	4:12.32	F	---	Grant, Ben	2/15/2008	Warhawk Classic	
3	4:14.38	F	---	Murphy, Marcus	2/21/2003	UNI Open	
4	4:14.7h	4:14.94	F	---	Cassaday, Mike	1/20/1973	Loras
5	4:15.34	F	---	Renicker, Kevin	3/4/2000	ISU Last Chance	
6	4:16.28	F	---	Winder, Dan	1/30/2004	Pioneer Open	
7	4:18.50	F	---	Leitzen, Chad	3/7/1998	Iowa State Last Chance	
8	4:19.26	F	---	Kelly, David	3/8/2003	Iowa State Qualifier	
9	4:19.40	F	---	Annis, Brian	1/21/1989	Loras	
10	4:19.41	F	---	Reilly, Authur	1/23/1993	Loras	
Men 55m Hurdles							
1	7.55	F	---	Keane, Tim	1/20/1990	Loras	
2	7.70	F	---	Carroll, Brian	1/19/1991	Loras	
3	7.85	F	---	Clindaniel, Monte	1/18/1986	Loras	
4	7.91	F	---	Melloy, Erik	1/26/2002	Midwest Pentangular	
5	7.93	F	---	Sieck, Matt	2/16/2001	Men's Warhawk Classic	
6	7.94	F	---	Smith, Koed	1/18/1986	Loras	
7	7.97	F	---	Kaiser, Geoff	2/23/2007	IIAC Championships	
8	8.12	P	---	Stewart, Darrius	2/24/2006	IIAC Championships	
9	8.25	P	---	McCullough, Phillip	2/27/2004	IIAC Championships	
10	8.26	F	---	Cooksley, Jesse	2/26/2000	IIAC Invitational	
Men 60m Hurdles							
1	8.48	P	---	Melloy, Erik	2/21/2003	UNI Open	

Loras College Track & Field
All-Time Top 10
Indoor List

2	8.62		P	---	Kaiser, Geoff	2/3/2007	Titan Open
3	8.92		P	---	Meyer, Dave	12/7/2001	ISU Holiday Classic
4	8.95		F	---	Sieck, Matt	2/18/2000	UNI Dome Open
5	8.98		F	---	McCullough, Phillip	2/20/2004	Iowa Open
6	9.07		F	---	Stewart, Darrius	2/20/2004	Iowa Open
7	9.32		F	---	Brinkman, Kyle	2/21/2003	UNI Open
Men 200m Hurdles							
1	25.74		F	---	Keane, Tim	1/19/1991	Loras
2	26.07		F	---	Melloy, Erik	2/22/2002	IIAC Invitational
3	26.33		F	---	Claeys, Mike	2/26/1999	IIAC Invitational
4	26.44		F	---	Curry, Chris	2/20/1999	UW-Platteville Invite
5	26.52		F	---	Sieck, Matt	2/23/2001	IIAC Invitational
6	26.54		F	---	Brown, Nick	2/23/2001	IIAC Invitational
7	26.70		F	---	Croker, James	2/22/2002	IIAC Invitational
8	26.84		F	---	Schaefer, Troy	1/15/1994	Loras
9	26.93		F	---	Cooksley, Jesse	2/26/2000	IIAC Invitational
10	26.94		F	---	Bachus, Kevin	1/15/1994	Loras
Men High Jump							
1	2.11m	6-11.00	F	---	Stoecken, Andy	3/10/2006	NCAA Championships
2	2.08m	6-09.75	F	---	Michels, Clint	3/14/2003	NCAA Championships
3	2.06m	6-09.00	F	---	Buresh, Chris	2/27/2009	IIAC Championships
4	2.04m	6-08.25	F	---	Scharff, Chris	1/23/1988	Loras
5	2.03m	6-08.00	F	---	Vedepo, Jeff	1/18/2003	UW Platteville Open
5	2.03m	6-08.00	F	---	Winsor, Scott	1/18/1986	Loras
7	1.98m	6-06.00	F	---	Benning, Bill	2/1/1972	Loras
7	1.98m	6-06.00	F	---	Taegeer, Vince	1/1/1996	Loras
9	1.97m	6-05.50	F	---	Debates, Jon	2/27/2004	IIAC Championships
10	1.96m	6-05.00	F	---	Dayton, Jason	2/24/2006	IIAC Championships
Men Pole Vault							
1	5.20m	17-00.75	F	---	Calvert, Kyle	3/7/2008	UW Whitewater Last Chance
2	4.77m	15-07.75	F	---	Buresh, Chris	2/27/2009	IIAC Championships
3	4.50m	14-09.00	F	---	Przysucha, Mike	2/8/2003	UW Oshkosh Invitational
4	4.42m	14-06.00	F	---	Sheley, Justin	2/3/2001	Hilltop Invitational
4	4.42m	14-06.00	F	---	Harbin, Nate	1/21/1995	Loras
4	4.42m	14-06.00	F	---	Belezos, Tom	1/21/1995	Loras
7	4.33m	14-02.50	F	---	McGlynn, Kevin	2/26/2000	IIAC Invitational
8	4.27m	14-00.00	F	---	Murphy, Pat	1/26/1985	Loras
8	4.27m	14-00.00	F	---	Ingstad, Kim	1/20/1973	Loras
8	4.27m	14-00.00	F	---	Wittman, Gary	1/18/1975	Loras
8	4.27m	14-00.00	F	---	Phalen, Mark	1/25/1992	Loras
8	4.27m	14-00.00	F	---	Wessels, Brad	1/10/1987	Loras
Men Long Jump							
1	7.42m	24-04.25	F	---	Kaiser, Geoff	1/24/2004	UW Whitewater Invitational
2	7.38m	24-02.50	F	---	Nartey, Jonas	1/18/1975	Loras
3	7.27m	23-10.25	F	---	Winsor, Scott	1/18/1986	Loras
4	7.15m	23-05.50	F	---	Jones, Victor	2/24/2006	IIAC Championships
5	7.11m	23-04.00	F	---	Rashid, Hassan	1/27/2001	Knox Invitational
6	6.90m	22-07.75	F	---	Eliason, Catlin	2/10/2007	Dennis Young Classic
7	6.82m	22-04.50	F	---	Schlemme, Corey	1/30/1999	Knox Invitational
7	6.82m	22-04.50	F	---	Stewart, Darrius	2/24/2006	IIAC Championships
9	6.70m	21-11.75	F	---	Lupa, Gary	1/15/1994	Loras
10	6.63m	21-09.00	F	---	McGrew, Alex	2/21/2009	Spartan Open
Men Triple Jump							
1	14.27m	46-10.00	F	---	Kaiser, Geoff	2/25/2005	IIAC Championships
2	14.07m	46-02.00	F	---	Howerton, Kevin	1/21/1984	Loras
3	14.05m	46-01.25	F	---	Winsor, Scott	1/18/1986	Loras
4	14.02m	46-00.00	F	---	Taylor, Brian	1/20/1990	Loras
5	13.94m	45-09.00	F	---	Rashid, Hassan	2/28/1998	Luther
6	13.55m	44-05.50	F	---	Buresh, Chris	2/29/2008	IIAC Championships
7	13.46m	44-02.00	F	---	Smith, Jason	1/21/1989	Loras
8	13.30m	43-07.75	F	---	Jones, Victor	2/23/2007	IIAC Championships
9	13.09m	42-11.50	F	---	Stewart, Darrius	2/27/2004	IIAC Championships
10	13.06m	42-10.25	F	---	McGrew, Alex	2/27/2009	IIAC Championships
Men Shot Put							
1	16.62m	54-06.50	F	---	Kult, Tommy	1/1/1996	Loras
2	16.59m	54-05.25	F	---	Sullivan, Travis	2/7/2004	3rd Annual Dennis Young Invite
3	16.45m	53-11.75	F	---	Reilly, John	1/21/2005	Hawk Invitational

Loras College Track & Field
All-Time Top 10
Indoor List

4	15.88m	52-01.25	F	---	Kult, Brian	1/21/1989	Loras
5	15.80m	51-10.00	F	---	Balong, John	1/23/1993	Loras
6	15.47m	50-09.25	F	---	Pinter, Craig	2/26/2000	IIAC Invitational
7	15.27m	50-01.25	F	---	Dion, Joe	2/23/2001	IIAC Invitational
8	15.25m	50-00.50	F	---	Steiber, Tom	1/26/1985	Loras
9	15.20m	49-10.50	F	---	Robinson, Julius	2/22/1997	Cornell
10	15.03m	49-03.75	F	---	Sheridan, Don	2/25/2005	IIAC Championships
Men Wght Thr							
1	17.47m	57-03.75	F	---	McWilliams, Nick	3/8/2008	UW Stevens Point Last Chance
2	17.21m	56-05.75	F	---	Westemeier, Brian	2/27/2009	IIAC Championships
3	15.85m	52-00.00	F	---	Sullivan, Travis	2/27/2004	IIAC Championships
4	15.24m	50-00.00	F	---	Dion, Joe	2/22/2002	IIAC Invitational
5	15.18m	49-09.75	F	---	Brosius, John	2/27/2004	IIAC Championships
6	14.92m	48-11.50	F	---	Gainey, Larry	2/8/2003	UW Oshkosh Invitational
7	14.85m	48-08.75	F	---	Campbell, Sean	2/20/2010	Spartan Open
8	14.77m	48-05.50	F	---	Ori, Mike	2/22/2002	IIAC Invitational
9	14.67m	48-01.75	F	---	Steepleton, Scott	2/3/2007	Titan Open
10	14.62m	47-11.75	F	---	Maloney, Matt	2/21/2009	Spartan Open
Men In Pent							
1	3225		F	---	Buresh, Chris	2/27/2009	IIAC Championships
2	2691		F	---	Derr, Tim	2/26/2010	IIAC Championships
3	2641		F	---	Roth, Mike	2/6/2009	Warhawk Classic
4	2628		F	---	Schemmel, Scott	2/6/2009	Warhawk Classic
5	2484		F	---	Kimmes, Jacob	2/6/2009	Warhawk Classic

Men 4x200m Relay

1	1:31.50	Erik Melloy, Britt Davidson, Tedd Allen, Matt Jones	2/22/2002	IIAC Invitational
2	1:31.78	Geoff Kaiser, Jason Dayton, Adam Kramer, Catlin Eliason	2/23/2007	IIAC Championships
3	1:32.38	Nate Gee, Kyle Brinkman, Mike Rahe, Adam Bauder	2/24/2006	IIAC Championships
4	1:32.46	Erik Melloy, Britt Davidson, Zach Glasgow, Matt Jones	2/9/2002	Titan Open
4	1:32.46	Sean Lewis, Scott Schemmel, Chris Swift, Austin Arthofer	2/13/2010	UW Platteville
6	1:32.50	Sean Lewis, Scott Schemmel, Austin Arthofer, Ryan Seymour	2/26/2010	IIAC Championships
7	1:32.67	Geoff Kaiser, Catlin Eliason, Adam Kramer, Adam Bauder	2/10/2007	Dennis Young Classic
8	1:32.68	Kyle Brinkman, Derek Schroeder, Darrius Stewart, Jason Dayton	1/29/2005	Monmouth Invitational
9	1:32.68	Nathaniel Gee, Mark Leroy, Ray Orris, Ryan Seymour	2/27/2009	IIAC Championships
10	1:32.71	Derek Schroeder, Nate Gee, Mike Rahe, Kyle Brinkman	2/11/2006	Dennis Young Classic

Men 4x400m Relay

1	3:18.48	Geoff Kaiser, Jason Dayton, Mike Rahe, Ray Orris	3/3/2007	UW Stevens Point Last
2	3:18.72	Geoff Kaiser, Kyle Brinkman, James Croker, Derek Schroeder	3/5/2005	Iowa State Qualifier
3	3:18.83	Tedd Allen, Britt Davidson, Matt Jones, James Croker	3/1/2002	Iowa State Qualifier
4	3:19.47	Geoff Kaiser, Jason Dayton, Nate Gee, Derek Schroeder	3/4/2006	Iowa State Qualifier
5	3:20.98	Geoff Kaiser, Matt Jones, Cory Scarbrough, James Croker	3/6/2004	Iowa State Qualifier
6	3:21.12	Geoff Kaiser, Kyle Brinkman, Jason Dayton, Derek Schroeder	2/18/2005	UNI Dome Open
7	3:21.82	Dave Foecking, Sterling Moss, Mark Mehlberger, Scott Ganshirt	1/26/1985	Loras
8	3:22.56	Tim Keane, Gary Heilers, Tony Lowe, Scott Staudt	1/19/1991	Loras
9	3:22.59	Tedd Allen, Cory Scarbrough, Matt Jones, James Croker	3/8/2003	Iowa State Qualifier
10	3:23.08	Geoff Kaiser, Nate Gee, Ray Orris, Derek Schroeder	2/11/2006	Dennis Young Classic

Men 4x800m Relay

1	7:52.49	John Ondnade, Brian Annis, Dave Heppner, Chris O'Donnell	1/21/1989	Loras
2	8:03.62	Ray Orris, Mark Sulkin, Alex Eischeid, Cody Dreyer	2/29/2008	IIAC Championships
3	8:03.74	Mike Adams, Chad Harvey, Chris Schaefer, Tim Berning	1/1/1996	Loras
4	8:03.80	Andy Kauder, Pat McGrath, Terry Connelly, Mike Foley	1/25/1992	Loras
5	8:05.25	Ted Wittman, Cody Dreyer, Alex Eischeid, Mark Sulkin	2/27/2009	IIAC Championships
6	8:11.39	Jon Goettler, Thomas Tharp, Chad Leitzen, Chad Harvey	2/22/1997	Cornell

Loras College Track & Field
All-Time Top 10
Indoor List

7	8:19.47	Mike Roth, Cody Dreyer, Dan McDermott, Tom Henders	2/26/2010	IIAC Championships
8	8:22.30	Jon Goettler, Thomas Tharp, Ryan Hughes, Nate Breitfelder	1/31/1998	Cornell
9	8:35.22	Alex Eischeid, Ted Wittman, Chris Miller, Ryan Eades	1/16/2009	Wartburg Relays

Men 1600m Sprint Medley Relay

1	3:53.93	Ryan Seymour, Mark Leroy, David Aguilar, Scott Schemmel	1/16/2009	Wartburg Relays
2	3:55.28	Dee Hill, Leon Horton, Corey Schlemme, Mike Marinier	1/27/2001	Knox College Invite
3	4:04.95	Lucas Rickertsen, Corey Schlemme, Dan Yuska, Matt Sieck	1/29/2000	Knox College Invite

Men 4000m Distance Medley Relay

1	10:01.77	Cody Dreyer, Nathan Gee, Ray Orris, Ben Grant	3/8/2008	UW Stevens Point Last
2	10:02.73	Dave Kelly, Matt Jones, Dan Winder, Marcus Murphy	3/6/2004	Iowa State Qualifier
3	10:02.84	Kevin Oberfoell, Jason Dayton, Ray Orris, Ben Grant	3/3/2007	UW Stevens Point Last
4	10:06.80	Dan Winder, Matt Jones, Cory Scarbrough, Marcus Murphy	1/24/2004	UW Whitewater Invite
5	10:07.80	Dan Winder, Britt Davidson, Tedd Allen, Kevin Renicker	2/15/2002	Warhawk Classic
6	10:11.68	Mark Sulkin, Scott Schemmel, Ray Orris, Cody Dreyer	3/7/2009	UW Stevens Point Last
7	10:14.63	Cory Scarbrough, Jason Dayton, Ray Orris, Ben Grant	2/24/2006	IIAC Championships
8	10:19.60	Chad Leitzen, Chad Harvey, Tim Berning, Chris Schaefer	2/28/1998	Luther
9	10:20.41	David Kelly, James Croker, Cory Scarbrough, Dan Winder	2/25/2005	IIAC Championships
10	10:20.94	John O'Connor, James Croker, Cory Scarbrough, David Kelly	2/28/2003	IIAC Championships

Men 4x1600m Relay

1	18:17.74	Alex Eischeid, Cody Dreyer, Ray Orris, John Fry	1/16/2009	Wartburg Relays
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**Loras College Track & Field
All-Time Top 10
Indoor List**